



Platz	Startnr	Name	Vorname	Verein	AK	AK-Platz	Zeit	Brutto
58	422	Altmann	Beate		W50	8	0:58:26,65	0:59:09,60
193	424	Amler	Wolfgang		M50	15	0:54:30,20	0:54:48,40
114	425	Arndt	Rüdiger	SV Hanse-Klinikum Stralsund	M40	21	0:49:58,10	0:50:35,10
224	426	Arnold	Peter	SV Hanse-Klinikum Stralsund	M70	3	0:57:26,20	0:57:35,60
51	428	Baartz	Alexander		M30	6	0:46:18,85	0:47:16,95
147	430	Bäcker	Heiko		M35	25	0:51:42,20	0:52:07,80
188	429	Badrow	Dr. Alexander	SV Medizin Stralsund	M35	31	0:54:12,20	0:54:13,40
10	431	Bahlo	Jana	Laufteam Rügen	W35	3	0:49:45,35	0:50:01,85
117	433	Ballhorn	Juliane		WH	11	1:11:41,70	1:12:11,25
9	391	Bandelin	Birgitt		W45	2	0:49:34,10	0:49:46,15
40	434	Bandelin	Gundel		W40	13	0:55:28,35	0:56:09,55
25	436	Bardubitzki	Sophie		WH	2	0:53:11,85	0:54:05,65
7	437	Bartels	Gudrun	SV Blangenease	W55	1	0:49:15,60	0:49:22,40
261	438	Bartrow	Peter		M60	7	1:05:21,15	1:05:46,15
162	352	Bauer	Gunnar		M30	19	0:52:21,75	0:52:51,85
97	440	Beermann	Reinhard	TSV Mühlenfeld	M50	8	0:48:57,80	0:49:52,00
127	442	Behl	Volker	TUS Holtenua	M45	21	0:50:44,55	0:50:49,55
186	444	Behrendt	Martin		M30	21	0:53:54,30	0:54:10,90
68	445	Behrndt	Martin		MH	14	0:47:19,30	0:48:17,50
105	446	Beister	Charleen	Sport Club Wolgast	WSA	1	1:07:22,25	1:08:01,70
104	447	Beister	Mandy	Sport Club Wolgast	W35	18	1:07:21,60	1:08:00,90
28	452	Berend	Silke	Stralsunder Kanu Club e.V.	W40	8	0:53:33,20	0:53:45,55
115	453	Berend	Sven	Stralsunder Kanu Club e.V.	M40	22	0:50:02,80	0:50:15,10
83	454	Berend	Tim	Stralsunder Kanu Club e.V.	MSA	1	0:48:16,70	0:48:28,45
82	457	Berkowsky	Bernd		M45	8	0:48:13,65	0:48:44,30
51	458	Berkowsky	Katrin		W40	16	0:57:05,90	0:57:38,40
46	460	Binzinger	Andreas		MH	11	0:45:57,15	0:46:06,55
264	419	Bischoff	Gerhard		M55	19	1:07:06,80	1:07:36,40
103	362	Bischoff	Lore		WSD	1	1:07:05,55	1:07:35,85
72	464	Blankenfeld	Silvia		W45	12	1:00:30,90	1:00:58,30
160	463	Bläske	Ulf-Peter		M45	25	0:52:14,85	0:53:03,95
180	467	Blohm	Michael		M30	20	0:53:36,25	0:53:54,95
87	468	Bloth	Ines		W50	14	1:03:17,45	1:04:01,00
245	472	Boenecke	Stefan	akk birkenheide	M50	24	1:01:01,50	1:01:55,90
198	473	Bogs	Jürgen		M65	2	0:54:58,55	0:55:03,65
81	469	Böhme	Marlen		W30	9	1:01:46,85	1:02:10,55
167	470	Böhme	Michael		M55	10	0:52:49,80	0:53:24,40
109	471	Böhme	Ulf		M45	15	0:49:42,55	0:49:50,35
251	475	Bomeier	Michael		M30	25	1:03:02,00	1:03:02,00
86	477	Borchert	Roswitha	LSV Brandenburg	W50	13	1:03:14,40	1:04:13,55
206	484	Borkowski	Steffen		M40	32	0:55:48,30	0:56:34,10
60	485	Bowitz	Maik	FSV Stralsund	M30	8	0:46:57,30	0:47:02,00
182	486	Bradke	Norbert		M50	14	0:53:48,40	0:54:44,20
128	384	Bramhoff	Suitbert		M50	9	0:50:44,75	0:51:17,15
26	382	Brandl	Christina	Stammtisch Menzing	W40	6	0:53:22,05	0:53:26,50
67	487	Brauer	Steffi		W40	20	0:59:37,80	1:00:12,55
57	489	Brethack	Birgit	Lübower SV	W40	18	0:58:24,65	0:58:31,70
11	490	Brethack	Maria		WJB	1	0:49:55,35	0:49:58,45
125	491	Brethack	Ronald		M45	20	0:50:43,05	0:50:46,15
89	494	Brose	David	Pommern Trans	M30	12	0:48:26,85	0:48:49,30
96	495	Brüchner	Frank		MH	20	0:48:45,40	0:48:48,90
108	497	Brunk	Katrin		WH	9	1:07:52,60	1:08:50,05
3	354	Brüssow	Gerfried	Motor Wolgast	M45	1	0:36:34,00	0:36:35,05
66	498	Brydda	Holger		M50	6	0:47:16,20	0:48:00,00
40	501	Buchholz	Jürgen		M50	4	0:45:44,30	0:45:45,55
257	505	Chevalier	Andre		M40	38	1:04:22,25	1:05:07,80
208	507	Christoffer	Frank		M45	33	0:56:09,65	0:56:09,65
172	508	Cuber	Lars	TSV Selent	MSA	3	0:53:08,20	0:53:16,90
100	401	Czerwonka	Anke		W40	25	1:05:33,10	1:05:49,85
110	510	Dabel	Britta	Rennmäuse	W45	16	1:09:22,65	1:10:19,00
14	512	Damann	Kerstin	CITTI	W35	4	0:50:47,80	0:50:58,70
141	277	Dankert	Ralf		M35	22	0:51:36,55	0:52:21,80
244	514	Dehn	Thomas		M45	40	1:01:01,10	1:01:48,30
202	516	Denn	Andris		M40	31	0:55:22,00	0:55:40,40
39	517	Denn	Kathrin		W40	12	0:55:21,70	0:55:40,25
199	518	Denn	Oliver		MSA	4	0:54:58,65	0:55:17,15
253	520	Dewald	Jens		M40	37	1:03:23,10	1:03:38,35
21	521	Dietzsch	Beate		W45	4	0:52:20,20	0:52:54,65
91	522	Dinse	Frank	WSG Grünhufe Fussball	M40	19	0:48:28,35	0:49:05,45
101	525	Doepfner	Stefanie		WJA	1	1:05:55,05	1:05:59,80



Platz	Startnr	Name	Vorname	Verein	AK	AK-Platz	Zeit	Brutto
3	526	Donner	Uta	Laufteam Rügen	W35	2	0:46:33,35	0:46:38,45
262	527	Doufrain	Johann Horst	MTV Ludwigsburg	M65	7	1:05:41,95	1:06:01,25
76	528	Drews	Cornelia		W45	13	1:01:08,60	1:01:40,40
47	529	Dunger	Dr. Annemarie	LT Krefeld-Oppum	W50	6	0:56:22,25	0:57:18,20
71	530	Dunkel	Tilo		M30	9	0:47:30,55	0:47:35,35
34	531	Eggebrecht	Erik	CITTI	MH	8	0:44:24,50	0:44:27,70
133	532	Ehlert	Detlef		M40	24	0:51:07,60	0:51:35,90
69	533	Ehrke	Udo		M55	3	0:47:20,90	0:47:58,55
148	534	Elsner	Daniel	Team Lusche	MH	31	0:51:43,00	0:52:19,40
42	535	Engel	Manuela		W40	14	0:55:38,70	0:56:06,45
25	537	Ernst	Frank		M40	8	0:43:00,20	0:43:01,75
29	538	Evers	Anke		W40	9	0:53:55,40	0:54:22,00
65	539	Fahrow	Joachim		M55	2	0:47:15,60	0:48:00,40
52	540	Falk	Markus	Gym Fitness World	MH	12	0:46:29,50	0:46:32,90
6	541	Falk	Michael	Laufteam Rügen e.V.	M30	1	0:38:32,05	0:38:33,55
56	542	Feist	Holger		M40	13	0:46:52,00	0:46:52,00
243	543	Fethke	Wolfgang	Velgast	M65	4	1:00:52,25	1:01:11,75
254	545	Fibinger	Herbert	Zirzow	M60	4	1:03:45,95	1:04:40,65
35	546	Findlay-Klatt	Gladys	Gym Fitness World	W40	11	0:54:43,25	0:55:03,75
65	547	Fink	Jenny		WH	5	0:59:24,90	0:59:44,00
250	549	Fischer	Prof. Dr. Uwe	LT Krefeld-Oppum	M65	5	1:03:00,20	1:03:56,30
24	550	Fliege	Ute		W45	5	0:53:11,65	0:53:29,20
80	552	Flügge	Jens		M35	14	0:48:06,90	0:48:10,85
2	554	Franz	Manuela		W35	1	0:46:11,70	0:46:44,50
230	555	Franz	Mario		M35	38	0:58:17,60	0:58:50,60
5	558	Frohnert	Christine		W40	1	0:48:21,75	0:48:41,90
118	559	Fuhrmann	Paul	HSG Greifswald Abt. Taekwondo	MJA	2	0:50:08,05	0:50:09,40
86	562	Galle	Markus		MH	18	0:48:21,20	0:48:52,30
27	416	Garske	Stefan		MH	5	0:43:29,90	0:44:08,60
163	274	Gaultier			MSD	2	0:52:25,15	0:53:11,20
259	564	Gehrt	Johannes	KV Hansa Stralsund	M65	6	1:04:43,90	1:04:45,70
22	565	Geisler	Marco	Loitzer Eintracht e.V.	MH	4	0:42:16,00	0:42:18,45
41	567	Gierszewski	Karsten	CASEKOWER- SCHNECKEN	M30	4	0:45:46,05	0:46:09,65
62	571	Golke	Berit		WH	4	0:59:01,00	0:59:01,00
123	572	Gonschorek	Holger		M45	18	0:50:34,15	0:50:40,00
73	573	Gonschorek	Jörn		MH	15	0:47:39,10	0:47:57,70
223	574	Gonschorek	Karsten	Lok Leipzig	M40	34	0:57:25,40	0:57:48,25
138	575	Gonschorek	Ray	1. VC Stralsund	MH	28	0:51:30,80	0:51:50,35
17	576	Grabe	Prof. Dr. Hans		M40	6	0:41:30,60	0:41:33,35
88	577	Grawe	Silke		W40	23	1:03:29,40	1:04:04,45
19	934	Grawe	Thomas		M40	7	0:41:40,60	0:42:15,15
79	583	Grohnert	Thomas		M40	17	0:48:05,85	0:48:13,50
23	390	Gross	Susanne		W50	3	0:52:41,55	0:53:18,30
238	589	Haaß	Heiko		M35	40	1:00:00,85	1:00:44,00
44	590	Hänsel	Nico		MH	10	0:45:52,20	0:46:44,65
13	591	Hansen	Hans-Jürgen	Gym Fitness World	M50	1	0:40:29,40	0:40:32,10
50	592	Happke	Simone		W40	15	0:57:03,50	0:57:37,90
132	593	Hartmann	Erhard		M50	10	0:50:55,65	0:51:38,00
113	599	Harwardt	Manuela		W35	21	1:09:58,25	1:10:51,25
266	600	Hasenstab	Gerhard	WWR Holzminden	M55	20	1:07:10,30	1:07:27,85
220	602	Hauser	Torsten		M35	36	0:57:05,65	0:57:49,10
191	605	Heiden	Kester		M35	33	0:54:25,55	0:55:26,15
247	606	Heidenreich	Christoph	TUS Wettbergen	M30	24	1:02:16,00	1:02:50,00
19	608	Hein	Bärbel	TSV 1860 Stralsund	W50	2	0:51:32,15	0:51:33,25
117	392	Heine	Jens	Stralsunder kanu Club	M45	17	0:50:05,40	0:50:28,85
106	611	Henkelmann	Claudia		W35	19	1:07:22,40	1:08:01,50
82	612	Herbst	Silke		W40	22	1:02:02,95	1:02:18,45
126	613	Herm	Daniel		MH	26	0:50:43,70	0:51:23,15
35	387	Hermanowski	Frank		M50	3	0:44:46,90	0:44:49,35
103	615	Heuer	Mathias		MH	23	0:49:19,85	0:50:07,15
1	616	Heydemann	Peter		M40	1	0:35:17,15	0:35:18,10
87	617	Hielscher	Carsten		M40	18	0:48:23,65	0:48:33,75
71	618	Hilgert	Hannelore	LG Hannover	W55	3	1:00:15,45	1:00:49,60
240	619	Hilgert	Wolfgang	LG Hannover	M70	4	1:00:06,85	1:00:40,05
55	620	Hillmann	Sabine	Die Torten, Bonn	W50	7	0:57:59,95	0:58:32,40
21	351	Holz	Philipp		MJA	1	0:42:09,80	0:42:21,90
179	628	Holzfuß	Hans-Magnus	OrthoMan GZG 2008	M35	29	0:53:30,40	0:54:25,10
151	629	Hopp	Lothar		M70	1	0:51:51,65	0:52:56,10
260	395	Hornung	Hans-Peter		M60	6	1:04:56,00	1:04:56,00
187	633	Hundt	Matthias	CITTI	M45	29	0:54:04,55	0:54:09,60



Platz	Startnr	Name	Vorname	Verein	AK	AK-Platz	Zeit	Brutto
124	632	Hünecke	Harald		M45	19	0:50:43,00	0:51:08,15
27	635	Huwald	Regina		W40	7	0:53:25,45	0:53:30,15
64	640	Jäkel	Marcello		MSD	1	0:47:10,95	0:47:14,05
18	641	Jänike	Jana		W35	7	0:51:18,65	0:52:11,05
32	643	Jantzen	Alexander		MH	7	0:44:17,45	0:44:21,45
168	644	Jatzek	Ben	Gym Fitness World	MH	35	0:52:57,65	0:53:19,95
17	648	John-Wittkowski	Anke	SV Hanse-Klinikum Stralsund	W35	6	0:51:13,15	0:51:50,15
120	650	Junge	Gerd	Traditionshafen Bodstedt e.V.	M55	7	0:50:14,65	0:50:38,00
221	651	Just	Mario		M35	37	0:57:20,40	0:57:51,20
10	654	Kadow	Ron	SG Reinkenhagen	M35	3	0:39:48,30	0:40:00,60
49	655	Kadow	Silke		W35	13	0:56:39,80	0:57:11,50
77	657	Kalau	Heidi		W35	15	1:01:08,90	1:01:41,20
42	658	Kalinski	Ulrich	TuS Wannsee	M45	4	0:45:46,35	0:46:34,20
121	659	Kamberg	Manuela		W40	29	1:17:02,90	1:17:12,40
13	656	Kämpfer	Bärbel	SV Hanse-Klinikum Stralsund	W45	3	0:50:41,65	0:50:51,70
263	661	Kellotat	Günter	Isotope Greifswald	M55	18	1:06:20,10	1:07:18,40
248	662	Kellotat	Torsten	Isotope Greifswald	MH	43	1:02:27,20	1:03:20,10
76	665	Kiesow	Rene		M30	10	0:47:42,15	0:48:11,85
8	414	Kinder	Richard	FHSG Stralsund	M40	3	0:39:23,70	0:39:26,60
99	668	Kitlinski	Susanne		W35	17	1:05:33,10	1:05:49,70
44	669	Klauß	Yvonne		W35	11	0:55:40,85	0:55:46,25
74	670	Klawikowski	Maik		M35	13	0:47:41,00	0:47:42,60
139	671	Kleinschmidt	Erik		MH	29	0:51:33,10	0:51:53,35
30	672	Kleinschmidt	Nora		WSB	1	0:53:56,05	0:54:37,70
23	675	Klemmer	Tom		MJB	1	0:42:31,10	0:42:56,85
63	676	Kliem	Britta		W40	19	0:59:01,10	0:59:04,65
152	677	Kliem	René	Team Lusche	MH	32	0:51:51,80	0:52:29,00
56	678	Klose	Anita		W55	2	0:58:02,00	0:58:09,70
228	679	Klose	Gunter		M55	17	0:58:01,15	0:58:09,75
83	681	Kluge	Swanhild	Kanu-Club Stralsund	W50	12	1:02:04,15	1:02:26,75
37	356	Kluttig	Irene		W50	4	0:55:17,95	0:55:28,15
59	683	Knöfel	Hanka		W35	14	0:58:37,30	0:59:17,10
16	684	Kobsch	Andre	FHSG Stralsund	M45	3	0:41:08,55	0:41:10,95
63	685	Koch	Jan		M35	12	0:47:07,05	0:47:27,75
249	686	Koch	Sebastian		MH	44	1:02:31,95	1:03:00,15
45	688	Köhlmoos	Birgitt	MTV Fliegenberg	W65	1	0:55:58,15	0:56:25,85
58	690	Köller	Wolfgang	FH-Runners	M40	14	0:46:53,50	0:46:58,60
49	695	Koos	Roland		M55	1	0:46:10,65	0:46:12,85
54	379	Koplin	Arne		M35	11	0:46:46,90	0:47:37,10
73	413	Korf	Eike		W50	10	1:00:32,45	1:01:05,20
43	698	Krabbe	Jörg		M45	5	0:45:49,50	0:46:05,80
269	699	Krämer	Frank	Rennmäuse	M45	44	1:09:22,80	1:10:19,30
268	700	Krämer	Horst	Rennmäuse	M70	5	1:09:22,60	1:10:19,00
161	701	Krämer	Joachim	FHSG Stralsund	M60	1	0:52:17,15	0:52:40,35
97	702	Kratz	Dr. Victoria	Küstennebel	W30	12	1:05:21,60	1:05:33,40
92	703	Krause	Marina		W50	16	1:04:17,90	1:04:43,25
256	704	Krause	Uwe		M45	42	1:04:17,75	1:04:43,40
184	705	Krawutschke	Jens		M45	28	0:53:51,60	0:54:25,70
16	706	Kreis	Regina	Team Erdinger alkoholfrei	W50	1	0:50:59,80	0:51:51,60
70	707	Kreis	Reinhard	Team Erdinger alkoholfrei	M55	4	0:47:22,90	0:48:16,65
99	708	Krenz	Olaf	SV Hanse-Klinikum Stralsund	M55	6	0:49:01,00	0:49:38,20
47	709	Kretzschmar	Thomas	Laufteam Papendorf	M35	9	0:45:59,70	0:46:28,85
157	710	Kriegel	Mario	BC Bärenstein	M40	26	0:52:07,35	0:52:41,55
38	711	Krist	Karin		W50	5	0:55:18,50	0:55:41,85
205	712	Kroll	Rüdiger	VS Basdorf	M50	18	0:55:37,25	0:55:58,60
129	713	Kronberg	Karsten		M45	22	0:50:45,95	0:51:09,00
232	714	Krüger	Dr. med. Andreas		M45	37	0:58:56,40	0:59:33,30
37	715	Krüger	Janek		MH	9	0:44:56,90	0:45:20,55
34	717	Krummheuer	Ramona		W30	3	0:54:31,30	0:55:09,40
15	355	Kubik	Martin		MH	2	0:40:57,10	0:41:07,00
72	718	Kugel	Carsten	Gym Fitness World	M40	16	0:47:35,25	0:47:56,25
273	720	Kumbertuß	Torsten		M35	42	1:14:41,90	1:15:26,40
229	724	Kutschewski	Thomas		M30	23	0:58:07,90	0:58:53,95
217	725	Kuwert	Dr. Philipp		M35	35	0:56:31,15	0:57:20,55
61	399	Lampe	Dirk		M40	15	0:47:05,80	0:47:51,00
9	411	Lampert	Christoph		M35	2	0:39:35,05	0:39:36,25
111	727	Lange	Jörg		M35	19	0:49:48,45	0:50:01,90
164	267	Lange	Martin		M35	27	0:52:34,40	0:53:09,45
231	386	Langwasser	Sven		MH	40	0:58:50,75	0:59:42,90
50	728	Lauenstein	Peter		M30	5	0:46:12,10	0:46:24,45



Platz	Startnr	Name	Vorname	Verein	AK	AK-Platz	Zeit	Brutto
204	731	Lehmann	Carsten	TSV Karlshorst	M50	17	0:55:33,40	0:55:50,95
120	272	Lehmann	Stefanie		WH	12	1:14:42,35	1:15:26,05
166	275	Leippert			MH	34	0:52:43,35	0:53:30,30
110	733	Lihs	Falko		M35	18	0:49:43,45	0:49:51,20
235	736	Lingrön	Hansjoachim		M65	3	0:59:31,90	0:59:59,30
135	737	Lingrön	Robert		MH	27	0:51:13,90	0:51:32,15
48	738	Löhrs	Antje	CASEKOWER- SCHNECKEN	W35	12	0:56:39,50	0:57:36,30
94	739	Löhrs	Beate	CASEKOWER- SCHNECKEN	W40	24	1:04:38,35	1:05:36,60
131	740	Löhrs	Jan-Heiko	CASEKOWER- SCHNECKEN	M35	21	0:50:52,10	0:51:47,85
258	741	Löhrs	Jens-Uwe	CASEKOWER- SCHNECKEN	M40	39	1:04:38,20	1:05:36,75
15	742	Löhrs	Martina	CASEKOWER- SCHNECKEN	W35	5	0:50:52,45	0:51:47,15
233	285	Lühder	Frank		MH	41	0:59:08,05	0:59:24,40
207	746	Lunitz	Detlef	Preetzer Störche	M45	32	0:56:04,40	0:56:16,75
114	747	Malenke	Irene	PSV Stralsund, Abt. Schwimmen	W45	17	1:10:02,05	1:11:00,35
226	748	Marcus	Dr. Hans-Jürgen		M50	22	0:57:36,70	0:58:11,45
203	750	Mattern	Jakob		MSC	1	0:55:31,05	0:55:48,60
234	751	Mattern	Klaus-Jörg		M45	38	0:59:29,75	0:59:48,55
55	752	Mattke	Dietrich	FHSG Stralsund	M65	1	0:46:48,60	0:46:54,20
96	754	Menke	Janine		WH	8	1:05:20,15	1:06:13,90
66	755	Metzger	Ursula		W45	11	0:59:33,90	1:00:20,85
222	759	Meyer	Michael		M50	21	0:57:20,65	0:57:36,95
236	762	Milz	Jörg		M35	39	0:59:35,45	1:00:26,00
85	763	Minuth	Stefanie		WH	6	1:02:35,95	1:03:06,05
190	764	Möhle	Frank		M35	32	0:54:17,20	0:54:30,75
70	768	Mohr	Beate		W50	9	1:00:05,90	1:00:33,20
237	769	Mohr	Wolfgang		M50	23	0:59:44,10	1:00:12,25
119	765	Möller	Andreas	BSG BfA Stralsund	M35	20	0:50:08,85	0:50:59,10
106	766	Möller	Frank	BSG BfA Stralsund	M30	14	0:49:34,45	0:50:26,00
176	767	Möschner	Jens		M45	26	0:53:18,30	0:53:30,30
8	771	Müller	Anke		W40	3	0:49:31,40	0:49:45,25
6	772	Müller	Christiane		W40	2	0:48:29,25	0:49:23,70
142	773	Müller	Dr. Roland	DSV Doberan	M50	11	0:51:36,55	0:51:43,75
38	775	Müller	Kai		M35	8	0:44:58,75	0:45:42,30
239	776	Müller	Peter		M45	39	1:00:02,60	1:00:23,40
116	779	Nagel	Georg		MH	25	0:50:05,20	0:50:41,50
75	780	Nagel	Stephanie		W50	11	1:00:47,70	1:01:22,90
156	781	Naulin	Hartmut	Fitalis-Rügen	M50	13	0:52:03,00	0:52:03,00
165	782	Neetz	Mike		M40	27	0:52:35,85	0:53:25,80
36	783	Neubauer	Michael		M40	10	0:44:49,30	0:44:55,40
29	784	Neubert	Rene		M35	6	0:43:44,65	0:43:56,85
144	786	Neumann	Markus		M30	17	0:51:37,05	0:51:37,05
79	376	Nowak	Josefine		W30	7	1:01:14,45	1:02:03,85
12	790	Opretzka	Jörg		M40	5	0:40:04,10	0:40:06,00
153	791	Otto	Wolfgang	TSV Graal-Müritz 1926 e.V.	M50	12	0:51:52,15	0:52:00,05
20	393	Panten-Nonnen	Antje	Rheinhöhenlauf	W40	5	0:52:10,05	0:52:17,95
75	793	Pardeyke	Steffen		MH	16	0:47:42,10	0:48:02,05
90	795	Pecher	Anne-Katrin		WH	7	1:03:42,80	1:04:08,05
54	796	Pecher	Christiane	Traditionshafen Bodstedt	W45	8	0:57:41,70	0:58:06,55
89	797	Pecher	Elke	SV Motor Barth	W50	15	1:03:42,05	1:04:07,50
194	798	Pecher	Michael	Traditionshafen Bodstedt	M50	16	0:54:34,15	0:54:57,80
272	269	Pendowski	Roman		M50	27	1:14:14,85	1:14:47,30
32	799	Perzel	Katrin		W40	10	0:54:11,75	0:54:27,00
112	800	Perzel	Luise		WH	10	1:09:45,60	1:10:02,00
149	802	Pfeiffer	Matthias	Sundschnägge	M30	18	0:51:43,75	0:52:40,60
246	359	Philipowski	Jan		M40	36	1:01:10,10	1:02:08,90
175	804	Pieszek	Heinz	FC Pommern Stralsund	M55	11	0:53:14,50	0:54:02,00
48	805	Piontek	Michael	ESV Lok Stralsund	M35	10	0:46:04,40	0:46:51,95
271	806	Plückhahn	Enrico		M35	41	1:11:39,60	1:12:20,55
30	807	Poerschke	Jörg		MH	6	0:43:45,85	0:43:49,20
101	808	Pohl	Thomas		MH	21	0:49:15,95	0:49:57,45
67	385	Preuß	Thomas		MH	13	0:47:17,25	0:48:09,55
143	271	Pust	Silvio		M30	16	0:51:36,70	0:51:38,80
212	815	Quintana Schmidt	Marc		M40	33	0:56:15,00	0:56:16,90
88	817	Ramthun	Erik	OrthoMan GZG 2008	M30	11	0:48:25,20	0:49:19,80
98	818	Rank	Maria	VS Basdorf	W50	17	1:05:29,95	1:05:52,45
210	821	Rann	Peter		M55	15	0:56:11,00	0:56:26,70
192	822	Ranze	Olaf		M45	31	0:54:25,75	0:55:25,95
95	823	Rauschenbach	Christine		W30	11	1:04:55,80	1:05:27,60
242	824	Rauschenbach	Hans-Peter		M40	35	1:00:37,10	1:01:09,40
209	825	Rebsch	Gerold	Aufbau Alex e.V.	MH	37	0:56:10,00	0:56:10,00





Platz	Startnr	Name	Vorname	Verein	AK	AK-Platz	Zeit	Brutto
137	829	Reimer	Robby	CITTI	MJA	3	0:51:30,50	0:51:33,55
64	830	Reincke	Beate		W45	10	0:59:08,50	0:59:35,30
130	831	Reincke	Jörg		M40	23	0:50:47,05	0:51:14,30
178	832	Remke	Michael		M45	27	0:53:29,65	0:53:41,50
112	833	Resech	Dirk	Gym Fitness World	M45	16	0:49:50,05	0:50:11,45
78	834	Resech	Sylvia		W45	14	1:01:09,50	1:01:34,00
218	373	Reusch	Silvio		MH	38	0:56:31,85	0:57:35,10
39	835	Richter	Carsten	SV Hanse-Klinikum Stralsund	M40	11	0:45:13,80	0:45:25,25
109	836	Riedel	Elke	SV Hanse-Klinikum Stralsund	W50	18	1:08:07,00	1:08:48,30
214	837	Riedel	Gerd	SV Hanse-Klinikum Stralsund	M55	16	0:56:23,75	0:57:03,20
213	840	Riemenschneider	Bernd	BF-Gera	M50	19	0:56:16,30	0:56:21,80
92	841	Ring	Gerd		M45	9	0:48:31,45	0:49:10,05
255	842	Ringgenberg	Manfred		M60	5	1:04:15,15	1:04:55,85
4	844	Rohkohl	Anja	Laufteam Rügen	WH	1	0:48:18,10	0:48:23,70
100	846	Rose	Axel	Lok Stralsund	M35	17	0:49:10,00	0:49:10,00
201	848	Rowedder	Jürgen	TRIAS Bad Schwartau	M55	14	0:55:11,85	0:56:01,45
84	849	Rudnick	Mario		M35	15	0:48:18,05	0:49:07,10
22	850	Rudolf	Ramona		W35	8	0:52:24,40	0:52:27,70
105	853	Ruelke	Raymond	FlgHStff - Trollenhagen	M45	13	0:49:28,05	0:49:46,20
215	856	Russow	Dietmar		M50	20	0:56:24,25	0:56:45,15
91	859	Salchow	Petra	TSV Einheit Tessin	W45	15	1:04:06,30	1:04:20,90
95	861	Schaller	Jens		M45	11	0:48:44,05	0:49:12,05
74	862	Schaller	Ute		W40	21	1:00:38,35	1:01:05,95
119	377	Scharf	Katrin		W45	19	1:13:12,70	1:14:14,85
26	363	Scheuschner	Hendrik		M40	9	0:43:25,25	0:43:36,05
116	865	Schirmacher	Kati		W30	13	1:11:39,70	1:12:20,50
68	866	Schlabowski	Yvonne		W30	5	0:59:41,60	1:00:13,95
121	867	Schlicht	Frank	SV Hanse-Klinikum Stralsund	M30	15	0:50:19,50	0:51:02,40
94	868	Schmidt	Bernd		M45	10	0:48:41,20	0:48:50,50
81	870	Schmidt	Markus		MSB	1	0:48:11,45	0:48:15,90
85	871	Schmidt	Ronald	CITTI	M35	16	0:48:19,25	0:48:23,65
98	872	Schmoock	Martin	SG Kühren	M30	13	0:48:58,20	0:49:27,65
7	873	Schneider	Andreas		M45	2	0:39:18,80	0:39:21,70
36	875	Schneidewind	Antje		W30	4	0:55:11,95	0:56:02,20
2	876	Schölzke	Thomas	Laufteam Rügen	M35	1	0:35:42,95	0:35:44,95
170	877	Schönemann	Sven		M40	29	0:53:02,30	0:53:09,20
189	374	Schrade	Steffen		M45	30	0:54:14,05	0:54:55,05
140	371	Schröder	Peter		MH	30	0:51:34,00	0:51:49,85
45	878	Schröder	Ronald		M40	12	0:45:52,60	0:45:58,05
241	881	Schultz	Andreas		MH	42	1:00:24,70	1:00:54,90
31	882	Schulz	Andrea	Montagebau.Schulz	W30	1	0:54:07,80	0:54:10,20
122	884	Schulz	Hans-Joachim		M55	8	0:50:24,65	0:51:12,00
227	885	Schulz	Peter	sv stralendorf	M45	36	0:57:43,25	0:57:57,15
183	889	Schulz	Thomas		MH	36	0:53:51,45	0:54:09,90
145	890	Schumacher	Alexander		M35	23	0:51:38,15	0:52:20,85
5	892	Schumann	Winfried	Tus Neukölln Berlin	M40	2	0:38:27,25	0:38:28,80
107	276	Schütze			MH	24	0:49:36,40	0:50:22,00
46	893	Schwietzke	Elfi	KSH 98 Hartmannsdorf	W45	6	0:56:13,75	0:57:05,45
211	894	Schwietzke	Reinhard	KSH 98 Hartmannsdorf	M45	34	0:56:14,00	0:57:05,60
104	895	Seegert	Michael		M45	12	0:49:23,60	0:49:48,75
185	353	Seidel	Jürgen		M60	3	0:53:53,95	0:53:53,95
102	897	Semmler	Marcel		MH	22	0:49:16,70	0:50:10,60
28	898	Sens	Steffen		M35	5	0:43:32,15	0:43:37,20
84	900	Siegl	Mandy		W30	10	1:02:27,80	1:03:24,05
90	273	Siepelt	Frank		MH	19	0:48:27,45	0:48:47,45
111	903	Stabenow	Katrin		W35	20	1:09:26,90	1:09:54,70
11	904	Stabenow	Thomas		M40	4	0:40:01,95	0:40:11,75
155	402	Staffeldt	Frank		M45	23	0:52:00,20	0:52:25,55
20	905	Staffen	Nico	Dynamo Eisleben	MH	3	0:41:58,50	0:42:30,70
4	906	Stagge	Fabian	NSV Wernigerode	MH	1	0:38:20,10	0:38:23,00
171	910	Stender	Nico	TSV Selent	MSA	2	0:53:07,25	0:53:16,45
24	915	Stolt	Gunnar	FSV Stralsund Ringen e.V.	M30	2	0:42:38,25	0:43:25,85
196	918	Straubing	Klaus		M55	12	0:54:42,45	0:55:08,55
274	919	Strehl	Sandro	SV Pommern Trans Stralsund	M30	26	1:17:11,00	1:17:32,35
107	920	Streibhardt	Anja	Tauchclub Jena	W40	27	1:07:30,30	1:08:20,55
108	921	Streibhardt	Steffen	Tauchclub Jena	M45	14	0:49:38,70	0:50:28,70
62	922	Studier	Udo		M50	5	0:47:06,95	0:47:42,35
115	924	Szymczyk	Catrine	FHSG Stralsund	W40	28	1:10:08,15	1:10:56,15
270	925	Szymczyk	Janusz A.	FHSG Stralsund	M50	26	1:10:08,25	1:10:56,10
14	403	Tebus	Jörn	Laufteam Rügen	M35	4	0:40:47,40	0:40:50,00



Platz	Startnr	Name	Vorname	Verein	AK	AK-Platz	Zeit	Brutto
31	926	Teetz	Andre		M30	3	0:43:49,05	0:44:00,30
33	930	Thiele	Anne		W30	2	0:54:22,30	0:54:50,00
33	938	Thonig	Rico		M35	7	0:44:23,65	0:44:32,85
59	939	Thormeier	Wolf	FHSG Stralsund - GeSundLäufer	M45	7	0:46:55,75	0:47:19,25
113	940	Thumer	Nils	Heidehoppers	M40	20	0:49:57,60	0:50:26,80
12	941	Thumer	Ute	Heidehoppers	W40	4	0:50:16,90	0:50:43,85
173	942	Tiedemann	Arne		M35	28	0:53:10,90	0:53:10,90
159	943	Timm	Dirko	CITTI	M35	26	0:52:11,05	0:52:16,25
181	944	Tode	Ulf		M35	30	0:53:38,95	0:54:04,30
200	383	Tolzmann	Rolando	Port Fitness	M35	34	0:55:00,00	0:55:00,00
77	945	Törsel	Arne-Michael		MH	17	0:47:46,45	0:48:34,35
69	946	Trost	Dr. med. Ulrike		W30	6	0:59:45,60	1:00:28,40
93	948	Tullius	Klaus		M50	7	0:48:36,00	0:48:39,55
216	952	Valdimarsson	Birgir		M30	22	0:56:31,00	0:56:45,65
41	953	Vehof	Gesine	HSG Greifswald Team Radsport	W35	9	0:55:36,60	0:56:26,00
53	955	Verhoeven	Petra	Hanse kKinikum Stralsund	W45	7	0:57:18,95	0:57:56,40
80	957	Voigtländer	Ina		W30	8	1:01:46,80	1:02:10,85
118	958	Von Koß	Diana	FSV Klevenow	W45	18	1:11:59,30	1:12:11,10
102	959	Von Koß	Kathrin	FSV Klevenow	W40	26	1:06:49,25	1:07:00,80
93	960	Von Wedelstädt	Dr. Dörte	Yachtclub Zingst	W35	16	1:04:24,20	1:05:14,15
78	951	Waitschies	Udo	Gym Fitness World	M55	5	0:47:49,55	0:47:56,40
225	962	Wallossek	Martin		MH	39	0:57:36,00	0:57:36,00
136	961	Wäscher	Andreas		M40	25	0:51:19,90	0:51:56,80
174	280	Wegeries	Torsten		M40	30	0:53:11,90	0:53:37,10
61	963	Wegner	Katja		WH	3	0:58:47,55	0:59:04,00
60	964	Wegner	Wiebke		W45	9	0:58:45,05	0:59:04,00
177	967	Wellsandt	Helmut		M60	2	0:53:27,70	0:53:38,55
122	969	Wendt	Ruth		W50	19	1:18:25,00	1:19:00,50
197	970	Wenzel	Günter		M55	13	0:54:51,35	0:55:02,95
134	971	Werner	Harald	SV Hanse-Klinikum Stralsund	M55	9	0:51:13,45	0:51:50,00
219	396	Wetzel	Bert	Vfb Pausa	M45	35	0:56:54,15	0:57:01,65
252	974	Wichert	Peter	LSV- Brandenburg	M45	41	1:03:13,85	1:04:12,80
158	975	Wichmann	Heinz		M45	24	0:52:08,05	0:52:18,95
275	977	Wiegers	Martin		M35	43	1:18:36,80	1:19:09,55
52	978	Wieland	Carmen		W40	17	0:57:08,25	0:57:26,20
150	979	Wilhelm	David		MSB	2	0:51:48,30	0:52:20,10
53	981	Wilhelm	Sascha	SV Hanse-Klinikum Stralsund	M30	7	0:46:41,25	0:47:08,45
1	982	Willberg	Sabine	VLG 1991 Magdeburg	W45	1	0:40:51,95	0:40:55,30
265	984	Winde	Gerd-Rüdiger		M45	43	1:07:07,50	1:07:27,90
146	986	Wirth	Thomas		M35	24	0:51:41,35	0:51:45,30
18	987	Wittig	Reiner	FHSG Stralsund	M50	2	0:41:39,25	0:41:42,00
195	989	Woest	Gerhard	FHSG Stralsund	M70	2	0:54:39,80	0:55:06,50
57	990	Woldt	Jens-Peter		M45	6	0:46:52,60	0:47:35,55
154	365	Wüstenhagen	Jens		MH	33	0:51:54,60	0:52:09,05
43	370	Zech	Claudia		W35	10	0:55:40,35	0:56:21,00
123	995	Zielske	Susan	TSV 1860 Stralsund	WH	13	1:19:17,45	1:19:31,50
267	996	Zielske	Wolfgang	TSV 1860 Stralsund	M50	25	1:07:31,80	1:07:45,60
169	1000	Zschage	Holger		M40	28	0:53:00,55	0:53:22,55